

CATEGORY: NIBBLES

ALLERGENS														
Recipe	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphites
BREAD AND OIL NIBBLES		Does contain										Does contain		Does contain
HOUMOUS AND PITTA		Does contain								Does contain		Does contain		
HALLOUMI NIBBLES		Does contain					Does contain							
OLIVES & FETA NIBBLES							Does contain							
H&M SAUSAGES NIBBLES									Does contain					
GARLIC MUSHROOMS NIBBLES SS21							Does contain							Does contain
CHORIZO NIBBLES		Does contain					Does contain							Does contain
CHICKEN PAKORA		Does contain												

CATEGORY: SHARERS

ALLERGENS														
Recipe	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphites
CAMEMBERT SHARER	Does contain	Does contain					Does contain					Does contain		Does contain
NACHOS GRANDE DD		Does contain					Does contain		Does contain					Does contain
NACHOS GRANDE CHICKEN DD		Does contain					Does contain							Does contain

CATEGORY: STARTERS

ALLERGENS														
Recipe	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphites
HERITAGE TOMATO BRUSCHETTA SS21		Does contain					Does contain							Does contain
SCALLOPS SS21			Does contain	Does contain	Does contain			Does contain	Does contain					Does contain
TRIPLE SCOTCH EGG SS21		Does contain		Does contain			Does contain		Does contain					Does contain
GAMBAS PIL PIL DD		Does contain	Does contain		Does contain							Does contain		
BRIXWORTH PATE SS21		Does contain										Does contain		
SOUP OF DAY SS21	Does contain	Does contain										Does contain		
CAULIFLOWER BOMBS		Does contain		Does contain									Does contain	

CATEGORY: STEAKS

ALLERGENS														
Recipe	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphites
FILLET STEAK 8OZ														
SIRLOIN STEAK 8OZ														
RUMP STEAK 10OZ SS21									Does contain					Does contain
ADD PRAWNS AW20			Does contain		Does contain		Does contain							
PEPPERCORN SAUCE AW20							Does contain							
BLUE CHEESE SAUCE AW20							Does contain							
GAMMON & CHIPS AW20				Does contain					Does contain					Does contain
MIXED GRILL SS21		Does contain		Does contain					Does contain					Does contain

CATEGORY: BURGERS

ALLERGENS														
Recipe	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphites
STEAK BURGER SS21		Does contain		Does contain			Does contain					Does contain		Does contain
NEW ORLEANS CHICKEN BURGER SS21	Does contain	Does contain		Does contain	Does contain		Does contain		Does contain			Does contain		Does contain
LOADED STEAK BURGER SS21		Does contain		Does contain			Does contain					Does contain		Does contain
LOADED CHICKEN BURGER SS21	Does contain	Does contain		Does contain	Does contain		Does contain		Does contain			Does contain		Does contain

MOVING MOUNTAIN BURGER SS21		Does contain										Does contain	Does contain	Does contain	Does contain
TOPPING CHEDDAR CHEESE							Does contain								
TOPPING BACON CD															
BURGER TOPPING EGG				Does contain											

CATEGORY: MAINS

ALLERGENS															
Recipe	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphites	
MEDITERRANEAN BAKED AUBERGINE		Does contain		Does contain			Does contain							Does contain	
NOURISH BOWL		Does contain													
ULTIMATE CHICKEN CAESAR SALAD SS21	Does contain	Does contain		Does contain	Does contain		Does contain						Does contain		
ULTIMATE HALLOUMI CAESAR SALAD SS21	Does contain	Does contain		Does contain	Does contain		Does contain						Does contain		
DUCK SALAD SS21		Does contain										Does contain	Does contain	Does contain	
BLADE OF BEEF SIGNATURE - BRAMPTON				Does contain			Does contain							Does contain	
LASAGNE SIGNATURE - LAMPORT SWAN	Does contain	Does contain		Does contain			Does contain					Does contain		Does contain	
PORK TENDERLOIN SIGNATURE - WHARF	Does contain	Does contain		Does contain			Does contain								
BEEF FILLET SIGNATURE - RED LION		Does contain		Does contain			Does contain							Does contain	
PORK CHOP SIGNATURE DISH- THE SUN	Does contain	Does contain					Does contain						Does contain	Does contain	
ROAST PORK BELLY SS2021	Does contain			Does contain			Does contain							Does contain	
BATTERED HADDOCK & CHIPS & CURRY SAUCE SS21		Does contain		Does contain	Does contain				Does contain				Does contain		
BUTCHERS CHOICE SAUSAGE & MASH SS21		Does contain					Does contain							Does contain	
PRAWN, CHORIZO & SPINACH LINGUINE SS21		Does contain	Does contain		Does contain		Does contain							Does contain	
PEA & ASP RISOTTO SS21															
SEABASS PEA & ASP RISOTTO SS21					Does contain										
WILD MUSHROOM LINGUINE SS21		Does contain		Does contain			Does contain								
CHICKEN SUPREME SS21				Does contain			Does contain								

CATEGORY: DESSERTS

ALLERGENS															
Recipe	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphites	
MENU A BROWNIE GF SS21				Does contain			Does contain						Does contain		
SUMMER APPLE & BERRY CRUMBLE SS20		Does contain					Does contain								
STICKY TOFFEE PUDDING SS21		Does contain		Does contain			Does contain								
LEMON TART SPRING SUMMER		Does contain		Does contain			Does contain								
PEANUTBUTTER C/CAKE SS21		Does contain					Does contain			Does contain	Does contain				
RHUBARB PANNA COTTA							Does contain								

CATEGORY: SANDWICH

ALLERGENS															
Recipe	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphites	
MENU C FISH FINGER S/W		Does contain		Does contain	Does contain				Does contain			Does contain		Does contain	
VEGETABLE CUBAN S/W SS20		Does contain		Does contain			Does contain		Does contain			Does contain		Does contain	
MENU B CHICKEN & BACON SANDWICH		Does contain		Does contain								Does contain		Does contain	
THE CHEESESTEAK SS20		Does contain		Does contain			Does contain		Does contain			Does contain		Does contain	
B ADD BOWL OF CHIPS															

CATEGORY: ON THE SIDE

ALLERGENS															
Recipe	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphites	
B SIDE BISTRO CHIPS															
MENU A SIDE SKIN ON FRIES															
B SIDE GARLIC BREAD & CHEESE	Does contain	Does contain					Does contain					Does contain			

SIDE ONION RINGS		Does contain				Does contain								Does contain
SIDE SEASONAL VEGETABLES														Does contain
SIDE COLESLAW				Does contain										Does contain

CATEGORY: SUNDAY

ALLERGENS														
Recipe	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphites
B FARMYARD ROAST PORK LOIN, SIRLOIN OF BEEF, LAMB & CHICKEN	Does contain	Does contain		Does contain			Does contain		Does contain					Does contain
MENU A PIGS IN BLANKETS AW18		Does contain											Does contain	Does contain
MENU A YORKSHIRE PUDDING SIDE AW18		Does contain		Does contain			Does contain							
MENU A CAULIFLOWER CHEESE AW18		Does contain					Does contain							
MENU A STUFFING SIDE AW18	Does contain	Does contain		Does contain										Does contain
SUNDAY LAMB ROAST SS21	Does contain	Does contain		Does contain			Does contain							Does contain
SUNDAY PORK LOIN ROAST SS21	Does contain	Does contain		Does contain			Does contain							Does contain
SUNDAY STRIPLOIN ROAST SS21	Does contain	Does contain		Does contain			Does contain							Does contain
SUNDAY LEMON & THYME CHICKEN ROAST SS20	Does contain	Does contain		Does contain			Does contain							Does contain
SUNDAY TRIO ROAST SS21	Does contain	Does contain		Does contain			Does contain							Does contain
VEGAN NUTROAST	Does contain	Does contain								Does contain	Does contain	Does contain	Does contain	Does contain

CATEGORY: KIDS

ALLERGENS														
Recipe	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphites
MENU A KIDS GARLIC & CHEESE FLATBREAD		Does contain					Does contain							
KIDS HOUMOUS SS21										Does contain		Does contain		Does contain
MENU C KIDS HEINZ TOMATO SOUP							Does contain							
MENU A KIDS CAESAR SS19		Does contain		Does contain			Does contain						Does contain	
MENU A KIDS BATTERED FISH N CHIPS		Does contain		Does contain	Does contain		Does contain		Does contain					
B KIDS CHICKEN GOUJONS & PEAS	Does contain	Does contain		Does contain			Does contain		Does contain				Does contain	
MENU A KIDS SAUSAGE & MASH	Does contain	Does contain					Does contain							Does contain
MENU A BURGER KIDS SS21		Does contain		Does contain			Does contain					Does contain	Does contain	Does contain
MENU A KIDS ROAST BEEF AW18	Does contain	Does contain		Does contain			Does contain							Does contain
MENU A KIDS ROAST PORK AW18	Does contain	Does contain		Does contain			Does contain							Does contain
MENU A KIDS ROAST CHICKEN AW18	Does contain	Does contain		Does contain			Does contain							Does contain

CATEGORY: ADDED FROM RECIPE

ALLERGENS														
Recipe	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphites
DD KIDS LINGUINE SS21		Does contain		Does contain			Does contain						Does contain	